

# **CIGNA SALUD**

# **REEMBOLSO BLUE**

# **DEMAND THE BEST**

Together, all the way."



# CIGNA SALUD REEMBOLSO BLUE

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# Who are we? KNOW CIGNA

Cigna forms part of one of the most **important insurance companies of North America** with presence worldwide, covering **165 million insured persons, in groups as well as individually, in more than 30 countries**.

Our principal mission is to **care for your health and that of your family**, for this reason we have created a high-quality insurance plan, **Cigna Salud Reembolso Blue**, health insurance with the maximum covers, within one of the most extensive and prestigious medical service networks of Spain, **contracting more than 44,000 specialists and 1,900 hospitals and private clinics**.



The content of this product guide is strictly informative and, therefore, non-binding, lacking contractual value. The only documentation with contractual value and that contains the regulating conditions of your health insurance is your policy, for which reason you must ALWAYS know its general, particular and special conditions. Under no circumstance does this product guide form part of your policy, nor will it prevail over the general, particular and special conditions. Under no circumstance does this product guide form part of your policy, nor will it prevail over the general, particular and special conditions that do comprise it. Confidential information, owned by Cigna. Copying and distribution are prohibited. Use and distribution limited to authorized personnel. © Cigna

# The full coverage insurance for all your family CIGNA SALUD REEMBOLSO BLUE ADVANTAGESE

Cigna Salud Reembolso Blue is the basic reimbursement product that allows you to choose of any doctor or hospital in the world, both for outpatient consultations as well as for surgeries and hospitalization. It offers a reimbursement of 80% and an insured capital of € 75,000.

Cigna Salud Reembolso Blue offers you the following advantages:

- > Free choice of doctor or hospital center anywhere in the world.
- Reimbursement of 80% of the medical expenses covered outside the arranged Medical Network both in Spain and abroad.
- Insured capital of € 75,000 per year for reimbursement expenses. Unlimited within Medical Network.
- > Equalization of pediatrics to the rest of the specialties regarding the reimbursement of consultations.
- Access Cigna's prestigious approved Medical Team Network formed by more than
  44,000 specialists and 1,900 hospitals and private clinics in Spain\*.
- > Immediate assistance, without long waiting lists, simple and without co-payments.
- Multiple free services (second medical opinion, 24-hr Telemedicine, emergencies during trips abroad, etc.).
- > Nimble reimbursement in less than 10 business days.

\* The following hospitals are not included: Ruber Internacional (Madrid), Teknon (Barcelona), Fundación Jiménez Díaz (Madrid) and Clínica Universitaria de Navarra (Pamplona and Madrid). To obtain information about attached specialists, consult our Medical Network.



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# The best hospitals and medical centers available for you **PRETIGIOUS MEDICAL NETWORK**

Cigna puts at your disposal one of the most prestigious and extensive medical service networks, with more than **44,000 professionals and 1,900 hospitals and private clinics in Spain**.



Hospital Madrid Montepríncipe (MADRID)



Institut Dexeus (BARCELONA)



Hospital Madrid Norte Sanchinarro (MADRID)



Clínica Corachán (BARCELONA)



Hospital Quirón (MADRID)



Hospital Quirón (BARCELONA)



Hospital Vithas Sevilla-Aljarafe (SEVILLA)



Hospital MD Anderson (MADRID)



Hospital 9 de Octubre (VALENCIA)

**Hospital Viamed Santa** 

Ángela de la Cruz

(SEVILLA)



Hospital Quirón (BILBAO)



Clínica Virgen Blanca (BILBAO)

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For more details, consult the Medical Network in

our website:

www.cigna.es

What does your Cigna Salud Reembolso Blue insurance cover?

# COVERS

- > Hospital and out-patient emergencies.
- > Primary care in doctor's office and at home.
- > Unlimited doctor's visits within the Medical Team Network.
- > Paediatrics and Puericulture.
- Medicina general y Enfermería.
- > Access to all medical and surgical specialties, without limit of consultations. Gynecology, Pediatric Surgery, Urology, General and Digestive Surgery, etc.
- Complementary means of diagnosis: the use of contrasts, clinical analysis, nuclear medicine, high-tech diagnostic tests such as PET-CAT scans, MRI without limit, cardiological tests, echocardiograms, holter, stress tests, electrophysiological studies and hemodynamics, ophthalmological tests, campimetry, fluorescein angiograms and retinographies, etc. are included.
- Innovative therapeutic methods: therapeutic targets in oncological processes, vascular and proctological laser, ENT radiofrequency, physiotherapy and rehabilitation, aerosol, ventilation and oxygen therapy, phoniatrics and speech therapy, radiotherapy and chemotherapy, ...
- > ICU / HCU, unlimited days.
- **Hospitalization:** 365 days of hospitalization in standard room with companion bed.
- Maternity: monitoring of pregnancy, preparation for childbirth, epidural anesthesia, 3D ultrasound, single room with companion bed. In addition, the medical expenses of the newborn are covered during the first 7 days of life provided that he remains hospitalized in the same center and the delivery has been covered by Cigna.
- > Psychiatric hospitalization up to 60 days.
- Periodic and child development consultations as well as newborn health exams, including otoacoustic emissions tests, audiometry, visual acuity test, metabolopathies.

- > **Psychiatry**, unlimited consultations within our medical network, 20 sessions under reimbursement.
- > Preventive medicine programs are included:
  - Colorectal cancer prevention program.
  - Coronary risk prevention program.
  - Annual gynecological check-ups for the early diagnosis of breast and cervical diseases. Diagnosis of infertility and sterility.
  - Family planning. Insertion of IUD (the device is not covered), tubal ligation and vasectomy, only within the arranged medical services.
  - Periodic and child development consultations as well as newborn health exams, including otoacoustic emissions tests, audiometry, visual acuity test, metabolopathies.
  - Prostate cancer prevention program for insured persons at an age of risk.
- > Prostheses: unlimited capital.1
- > **Podiatry**: unlimited consultations within our medical network. 4 sessions under reimbursement.
- > Expanded dental coverage with a network of highly qualified dentists distributed throughout Spain. It also gives you access to more than 84 free services, such as: first visits, simple dental extractions, periapical radiographs, one orthopantomography and one annual oral cleaning per year within our medical network will be covered.
- Psychology coverage: 6 sessions under reimbursement. Possibility of extending the sessions through Cigna + Salud.
- > **Transplants:** this coverage includes hospital or medical expenses derived from transplants of organs, tissues, cells or cellular components.<sup>2</sup>
- Cigna + Salud at special prices: laser refractive surgery, medical check-ups, fertility treatments, aesthetic treatments, nutrition programs, physiotherapy and osteopathy, acupuncture...
- AIDS coverage: expenses derived from the treatment of the disease up to € 6,100.

<sup>1</sup> This benefit covers heart valves, pacemakers, hip prostheses, vascular bypass prostheses, internal trauma prostheses, monofocal intraocular lenses in cases of cataract surgery, under the limits established in the Particular or Special Conditions and breast prostheses after radical mastectomy by oncological process and only of the affected breast, under the limits set in the Particular and Special Conditions. Surgical meshes are included in repair of abdominal wall defects.

<sup>2</sup> Expenses derived from organ transplants to the Insured person that exceed the lesser of the following amounts are not covered: 75,000 Euros or the Sum Insured, nor the organs, tissues, cells or cellular components that are the object of the transplant, nor their transportation.

## The policy in detail

# **REIMBURSEMENT CAPITAL LIMITS**

With **Cigna Salud Reembolso Blue** you can access any specialty outside of the Medical Network, and **we will reimburse you 80% of the covered medical expenses** up to a **maximum of € 75,000 per year** and insured person.

		MEDICAL NETWORK	REIMBU	REIMBURSEMENT OF COSTS	
		INDIVIDUAL LIMIT	INDIVIDUAL LIMIT	EIMBURSEMENT SPAIN	REIMBURSEMENT ABROAD
т	OTAL INSURED SUM		SEMENT: 75.000	9€ / AÑO	
1. OUTPATIENT CARE:	20,000 € / AÑO				
EMERGENCIES	Extra-hospital and in hospital	Unlimited	Unlimited	80%	80%
HEALTHCARE AT A CENTER AND AT HOME	General Medicine	Unlimited	€ 45/consult.	80%	80%
	Paediatrics and puericulture	Unlimited	€ 90/consult	80%	80%
NURSING		Unlimited	€ 45/medical service	80%	80%
SPECIALITIES	Specialist' consultations	Unlimited	90€/consult.	80%	80%
	Psychiatry	Unlimited	90€/consult. Max 20 consults / year	80%	80%
DAY SURGERY		Surgery limits will be applied.		80%	80%
COMPLEMENTARY DIAGNOSTIC TESTS	Other complementary diagnostic tests	Unlimited	€ 500 / test	80%	80%
	Prostatic fusion biopsy (1)	1 per insured / year			
OUTPATIENT THERAP	IES	Unlimited	€ 500	80%	80%
PHYSIOTHERAPY AND REHABILITATION		Unlimited	Maximum 30 sessions with annual limit of € 900.	80%	80%
REHABILITATION OF THE PELVIC FLOOR		6 sessions per Insured / year.	Annual limit per insured / year of € 300	80%	80%
HOME REHABILITATION			Maximum 10 rehabilitation sessions with annual limit of € 400 per insured	80%	80%
MUSCULOSKELETAL SHOCK-WAVE LITHOTRIPSY (1)		3 sessions per process			
PHONIATRICS AND SPEECH THERAPY		Unlimited	€ 900 annual limit		
		Max. 30 sessions per insured party and year.		80%	80%
CHIROPODY		Unlimited	€ 45 / consult. Max. 4 consulta / year	80%	80%

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		Psychological	€ 40 / consult Max 6 consult /	80%	80%
PSICHOLOGY		Orientation	year by prescription	80%	80%
ANTE-NATAL CLASSES		Unlimited	€ 120	80%	80%
AMBULANCE		Unlimited	€ 350	80%	80%
EXPANDED DENTAL COVERAGE			sts visits, simple denta ms and annual hygieni		
2. INPATIENT CARE: 60	0.000 € / YEAR				
HOSPITAL STAY AND N	MEDICAL SERVICES	Unlimited	€ 195/day	80%	80%
HOSPITAL STAY AND N AT INTENSIVE CARE U		Unlimited	€ 350/day	80%	80%
MEDICAL SERVICES		Unlimited	€ 250/day	80%	80%
INTRAOPERATIVE ELECTROPHYSIOLOGICAL MONITORING		Unlimited	€ 1,200 insured / year	80%	80%
NEURONAVIGATOR FOR INTRACRANIAL SURGERY		€ 1,200		80%	80%
INPATIENT THERAPEUTIC ACTIONS		Unlimited	€ 500	80%	80%
PSYCHIATRIC HOSPITALIZATION		Maximum 60 days admissions per insured / year			
		Hospitalization limits and percentages will be applied.			
MEDICAL APPOINTMENT FEES		Unlimited	90€ /consulta	80%	80%
	WTO Classification	Exclusive use of medical network Joint use of medical network and reimburseme Or only reimbursement. Applicable limits			
	Minor surgery (Group 0)		€ 500	80%	80%
	Minor surgery (Group 1)	Unlimited if within the medical network.	€ 500	80%	80%
	Minor surgery (Group 2)		€ 500	80%	80%
FEES FOR DOCTORS, SURGEONS, ASSISTANCE AND ANAESTHETISTS*	Moderate surgery (Group 3)		€ 1,000	80%	80%
	Moderate surgery (Group 4)		€ 1,000	80%	80%
	Mayor surgery (Group 5)		€ 2,500	80%	80%
	Mayor surgery (Group 6)		€ 2,500	80%	80%
	Mayor surgery (Group 7)		€ 4,000	80%	80%
	Grand surgery (Group 8)		€ 4,000	80%	80%
	1. Prostate laser Vaporization (Group V)	Unlimited			
	2. Prostate robotic surgery (Group VII) (Da Vinci)**	Unlimited			

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BIRTH OR CAESAREAN	Unlimited for child birth in medical network. € 2,000 for child birth through reimbursement or mixed		80%	80%
COVERED PROSTHESIS	Unlimited	Unlimited	80%	80%
PROGRESSIVE LENSES UPON MEDICAL DIAGNOSIS OF CATARACTS	€ 400		80%	80%
	Unlimited	€ 12,100		
NEWBORNS	First 7 days of life while remaining in hospital		80%	80%
3. OTHER BENEFITS				
AEROSOL / OXYGEN / VENTILO THERAPY	Unlimited			
TRANSPLANTS	€ 75,000		80%	80%
MASTECTOMÍA PROFILÁCTICA (1)	Unlimited			
	€ 6,100 throughout member's life			

Access to a second opinion service when suffering a critical illness.

5. HEALTHCARE ABROAD

Emergency medical cover on trips abroad up to  $\notin$  20,000 per member and claim.

#### 6. 24 HOUR TELEMEDICINE

Medical orientation by telephone 24 hours a day, 365 days a year

COVERAGE DETERMINED IN ACCORDANCE WITH THE CRITERIA OF THE ORGANIZACIÓN MÉDICO COLEGIAL (COLLEGE OF PHYSICIANS ORGANIZATION).

(1) Covered at Centers and / or Specialists arranged by Cigna for this coverage and previous authorization of the Company. Always consult coverage requirements.

(2) Surgery performed prior authorization from Cigna and payment of € 7,000 at the hospital designated by the Company.

\* In case of multiple interventions (more than one in the same surgical act) the main intervention will be reimbursed at the established limit and the remaining intervention/s at 50%.

Enjoy them without additional costs with your policy Cigna Salud Reembolso Blue

# OTHER BENEFITS INCLUDED IN YOUR INSURANCE



## Second medical opinion

In cases of serious illness it is always better to have a second diagnosis and be aware of the most advanced alternative treatments. Specialists of recognised international prestige will attend to your case without you having to move. By calling telephones **91 418 40 40** or **93 301 06 56**.



### **Cigna 24 hour Telemedicine**

Our team of doctors is at your disposal to deal with any doubts you may have at any time, **365 days a year.** This service is particularly useful for obtaining advice in situations, urgent or not, in which you need help, support and co-ordination from a doctor and all in simple language.

## Dental programme for pregnant women

At Cigna **our aim is to encourage problem prevention** among our clients and at the same time to include coverage which stands out in the market.

We have put in motion a **completely free dental programme for all customers of Cigna who are pregnant**. This programme aims to protect our clients from the two most common dental problems during pregnancy: **gingivitis and dental caries.** 



#### **Travel assistance**

Travel assistance Wherever you are you will receive **medical assistance on your travels** thanks to one of the highest levels of coverage on the market.

This coverage includes urgent medical expenses up to a maximum of € 20,000 per insured event and person, urgent dental expenses up to 300 € per insured event and person, movement or repatriation, companion's return travel expenses and sending of medicines in urgent cases, among other items.

If you need to make use of this coverage while travelling abroad call the following number **+34 91 572 44 06** (it also appears on the Cigna card). Our operators will attend to you and tell you what to do to solve the problem as quickly as possible.

## **Psychological guidance**

This new telephone service allows you to make **consultations of a psychological nature** (anxiety, personal relations, depression, stress, etc.) and obtain telephone guidance. Our team of psychologists attends to each case on a personal basis and with complete confidentiality and follows up on each consultation. The optional complement for a complete dental health (included)

# **CIGNA DENTAL**

At Cigna we are aware of the importance of having excellent oral and dental health, and for this reason we offer our dental health insurance to perfectly supplement your health insurance.

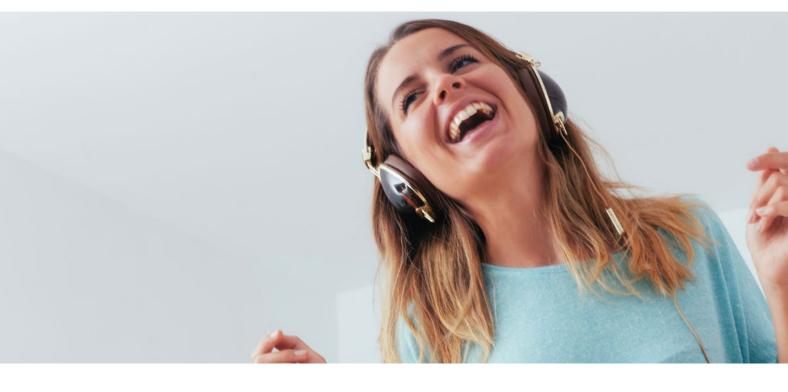
We put this coverage at your disposal allowing you to **have access to a network of highly qualified dentists spread throughout Spain**. With **Cigna Dental** you have access to more than 84 free services such as:

- > Oral hygiene education.
- Initial examination and diagnosis.
- > Consultations and check-ups.
- > Topical administration of fluoride.
- > Annual dental cleaning.
- > Periapical x-rays.
- > Orthopantomogram.
- > Simple and complex extractions.

And you can also benefit on very attractive terms from the other treatments included in our deductible coverages far below average markey prices.

Also with the following benefits:

- > Best quality dentists through the Cigna Dental network.
- > Coverage from the first day without waiting periods.
- > No pre-existing conditions.



## Health and well-beign supplementary programs

# **CIGNA +SALUD AT SPECIAL PRICES**

Cigna +Salud is our prevention and wellness program that gives you access to services, not included in the policy, with special discounts and in Centers and top quality professionals, whether you are a client or not.

The professional team of Cigna +Salud will advise you in a personalized way on different alternatives that we put at your disposal providing a continuous monitoring of the program you choose.

#### With Cigna +Salud you will have access to the following services:



#### **Health Checks**

Early diagnosis of diseases and modifiable risk factors.



#### **Fertility and Maternity**

Fertility treatments and other services: conservation of the umbilical cord, cryopreservation of oocytes, etc



### Nutrition

Comprehensive advice, with programs such as private consultation, food intolerance tests...



## Aesthetics

#### Vision

Specialists and reference centres with the latest technological innovations.



# 😵 Sport

Sports check-ups of the musculoskeletal and cardiovascular system, general health status..

**Rehabilitation and Recovery** 



### **Mental Health**

Treatment of pathologies associated with psychological health. Individual, couple, family...



#### 🖧 Covid 19

Reactívate Test and post-Covid19 check-ups to detect possible consequences.



Contact us and we will advise you on the treatment or programme best suited to your needs.

## 91 418 40 50 | 93 317 24 12 cigna.mas-salud@cigna.com

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# **CONTRACT CONDITIONS**

### **Contract conditions**

- Be a resident in Spain.
- Medical underwriting: Pre-existing pathologies must be evaluated by Cigna's medical department through a health questionnaire, which will determine the conditions for subscription.
- Contract age range:
  - Insured party and spouse: between 18 and 64 years of age, inclusive
  - Dependent family members of the insured party: up until 29 years of age.
- > Renewal date of the policy: 1 year from the start of the policy
- > Invoicing: monthly.
- > Payment method: direct debit

### Waiting periods

You will have access to all the benefits of your plan from day one with the exception of:

- > Birth and caesarean: 8 months
- > Hospitalization and Surgery: 6 months
- > Transplants: 12 months

Vital emergencies are covered from the first day.

If you have had health insurance with another company in Spain during the last twelve months, you may be able to eliminate waiting periods except for the following birth and caesarean.

> Además, puedes consultar información detallada sobre Cigna Salud Reembolso Blue en nuestra página web



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